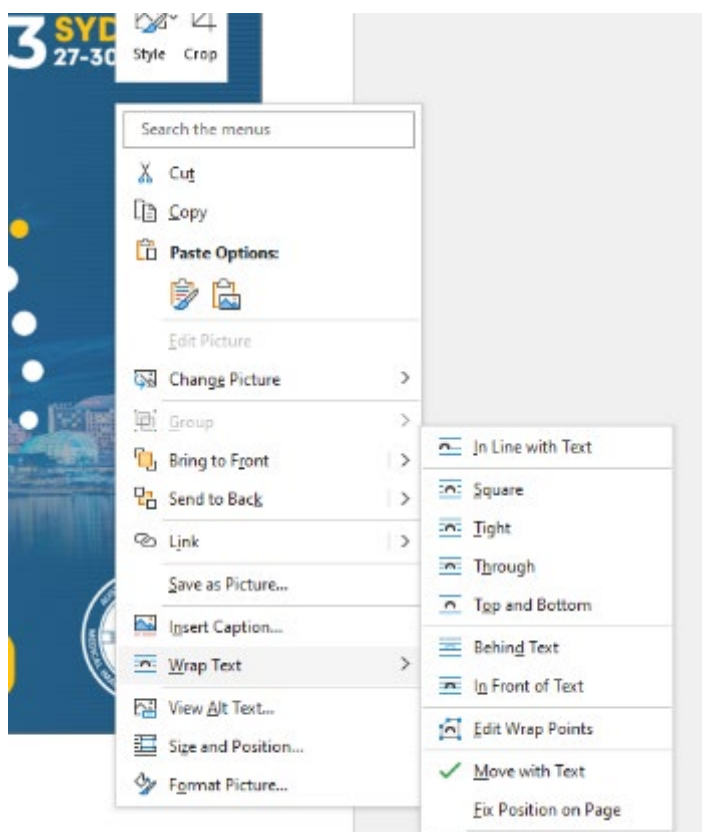


Making your Social Media Background for ASMIRT/NZIMRT 2025

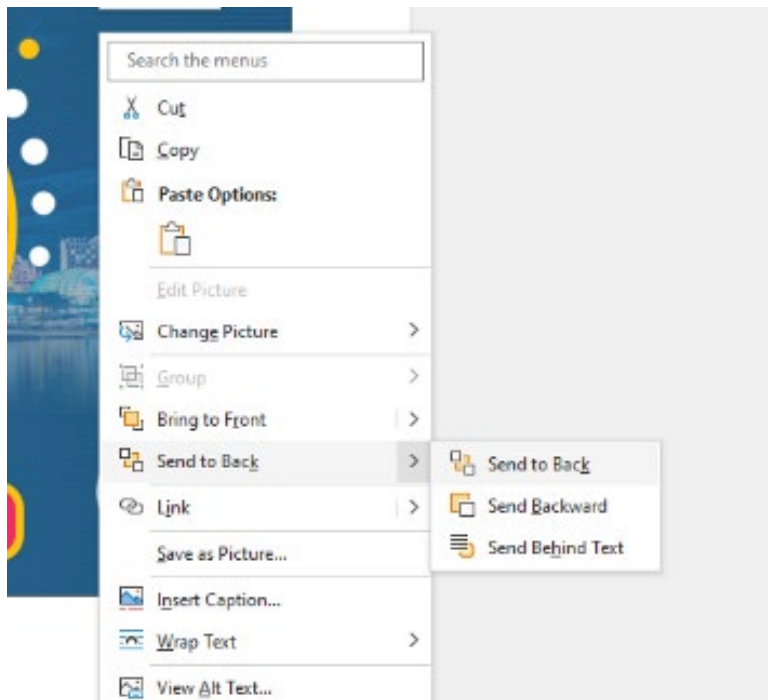
There may be several ways to combine your image with the social media background but here is one way that uses non-specific software.

1. Take a great photo of your self – make sure it looks professional.
2. Copy and paste your image and the background onto a word document.
3. Right click on each image and select Wrap Text and then Tight.

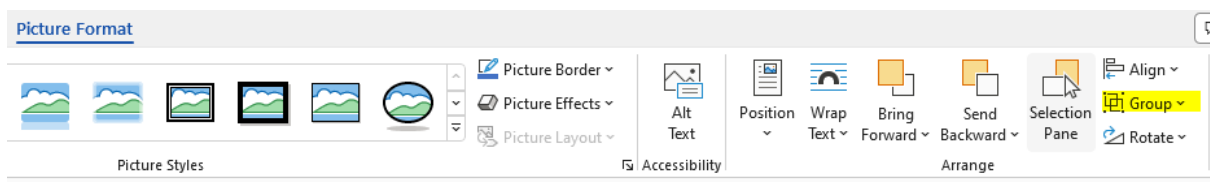


4. Place your image over the centre circle, right click on it and select Send to Back and Send to Back again.





- Once your image is centred in the middle and you are happy with it, group the two images – click the centre image (your photo) and when you see the outline, hold the control button and click the frame image. Right click and choose Group or go up to Picture Format, Group and select Group from the dropdown.



- Click Control (Ctrl) + A to copy both images and paste into Paint. You can now save it as an image for your social media.

If you are not able to group your images, you may want to just take a snip and save to Paint but ensure the image does not pixilate.

